

CB-BK WE1 2026: Session: 1: COACH evaluation sheet for TEAM: PZC

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Beerten Ine

Coaches: Dekoninck Nicole

Coaches: Tisson Fabienne

Coaches: Rommers Dien HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M FREESTYLE WOMEN 13-14					Heat:9, starttime: 08:53
Heat: 9/14 Lane : 5 Athlete: MAES LEONIE					Q-time: 02:22:18
PB (50m pool): 02:22.18 Antwerpen 20/07/2025					PB (25m pool): 02:18.98 SB: 02:24.92 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.99	01:09.23	01:46.46	02:22.18	
	00:32.99	00:36.24	00:37.23	00:35.72	
					

Coach feedback:

Event number: 4: 100M BACKSTROKE MEN 11-12					Heat:11, starttime: 11:27
Heat: 11/12 Lane : 1 Athlete: BOLLEN WARRE					Q-time: 01:18:59
PB (50m pool): 01:18.59 SportinGenk Park 06/04/2026					PB (25m pool): 01:17.28 SB: 01:18.59 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M			
PB	00:39.16	01:18.59			
	00:39.16	00:39.43			
					

Coach feedback:

Event number: 5: 100M BUTTERFLY WOMEN 13-14					Heat:2, starttime: 11:33
Heat: 2/6 Lane : 2 Athlete: VLASSAKS ROSALIE					Q-time: 01:13:86
PB (50m pool): 01:19.40 SportinGenk Park 06/04/2026					PB (25m pool): 01:13.86 SB: 01:19.40 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M			
PB	00:36.17	01:19.40			
	00:36.17	00:43.23			
					

Coach feedback: